

# YEAR OF ESTABLISHMENT 2017

Our Distinctiveness We Care, We Nurture, Fostering Excellence Together.



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#### NAAC Criteria No:-1.2.1 Index

Sr. No.	r. No. List Of Activities	
1.	Orientation Lecture	
2.	Demonstration of Procedures	
3.	Motivational Lecture	
4.	Sanskrit Language Orientation and Vadatu Sanskritam	

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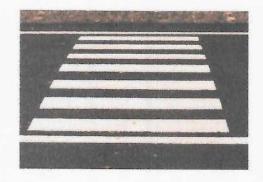
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Criteria 1.2.1 B

#### B.A.M.S

1.2.1 B List of Interdisciplinary / interdepartmental courses / training across all the Programmers

# COURSE CURRICULUM FOR FIRST PROFESSIONAL BAMS (PRESCRIBED BY NCISM)



#### Transitional Curriculum

(Applicable from 2021-22 batch onwards for 5 years or until further Notification by NCISM, whichever is earlier)

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#### **BOARD OF AYURVEDA**

## NATIONAL COMMISSION FOR INDIAN SYSTEM OF MEDICINE NEW DELHI-110058

TransitionalCurriculum

(Applicable from 2021 -22 batch onwards for 5 years or until further Notification by NCISM, whichever is earlier )

# Transitional Curriculum for First Professional BAMS

Introduction: The students getting admitted to the Ayurveda graduate course (B.A.M.S) are from different backgrounds, different regions having different cultural and linguistic backgrounds. Their educational qualifying qualifications are also from diversified curriculums, i.e., state syllabus, CBSE, ICSE etc. studied in different mediums of language. Ayurveda is a unique medical system with subjects and terminologies that are different and typical. Hence, there is a need to transit students of diversified backgrounds to the unique Ayurveda Medical Science.

#### Objectives of Transitional Curriculum:

- 1. Orientation of the college/institutional campus and the available facilities
- 2. Introduction of the officials of the campus, hierarchy and their roles.

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- Orientation to office procedures, campus rules and regulations, code of conduct and dress codes, if any, rules
  and procedures for availing leave, procedures for availing library facility, anti-ragging committee & squad, safety
  apps, and so on.
- Introduction to various medical systems, scope of Ayurveda nationally and internationally, higher education in Ayurveda, job opportunities, entrepreneurship, etc.
- 5. An overview of the BAMS curriculum and the subjects
- 6. Orientation of regulatory and governing bodies and introduction of their heads
- 7. Sanskrit Language orientation and spoken Sanskrit
- 8. Goal setting
- 9. Basic Life Support (BSL) Training
- 10. Orientation of basic computer skills
- Personality development, Team building, Gender sensitisation etc.

Course Outcomes: by the end of Transitional Curriculum, the students will be:

- 1. Familiar with the campus, infrastructure and facilities, officials and their roles
- 2. Understand and become familiar with the rules, regulations, and various procedures of the college/institution.
- Understand the code of conduct and campus behaviour.
- 4. Understand the scope of Ayurveda and opportunities.
- 5. Familiar with the BAMS curriculum and subjects
- 6. Acquainted with regulatory/governing bodies
- 7. Capable of performing BSL
- 8. Acquire basic computer skills.
- 9. Improve communication and conversation skills in Sanskrit.
- 10. Develop leadership qualities.
- 11. The ability to set goals

Duration of the Course: The Transitional Curriculum shall be of ninety hours (Preferably 6hrs X 15 days).

Transitional Curriculum for First Professional B.A.M.S 2021-2022

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#### Guidelines to conduct the Transitional Curriculum:

Colleges/Institutes shall prepare a day wise time table for 90 hours as per the availability of experts and resources in accordance with the guidelines provided by NCISM as detailed in Table-1 TABLE-1:

### DETAILS OF TRANSITIONAL CURRICULAR ACTIVITIES & DURATION

SR.NO	TRANSITIONAL CURRICULAR ACTIVITIES	DURATION (HOURS)
1	Inaugural Function/Induction Programme:  > Students and parents are to be involved.  > Institutional profile (origin & history of the institution, introduction of society/trust, achievements/innovations of the college/institution, collaborations etc.) presentation by the principal or senior faculty member.  > Opinions by senior students  > Address of the chief guest (if invited)  > Parent interaction, information and instructions.	2-3
2	Pre-Test, Post-Test & Feedback:  Pre-Test & Post-Test shall be from the same questionnaire.  The test shall comprise questions on awareness of Ayurveda, BAMS programme details like full form of BAMS, duration etc., about the institution, Sanskrit knowledge, computer skills, regulatory bodies, opportunities after BAMS etc.  The questions shall be within the framework of the transitional curriculum  The questionnaire should include 30–50 questions.  Google forms are preferred.  Results of the pre-test and post-test are compared. Post-test results must indicate that students achieved the course outcomes. If any aspects are not improved or understood by many students, such aspects need to be addressed.  Feedback is to be obtained on the content of the transitional curriculum as well as the mode of conduction. Suggestions for further improvisation.	2-3
3	Know Your Campus:  > A guided tour of the entire campus and facilities  > Officials from the respective units are introduced.  > Activities and achievements of units and facilities  > Students are to be made into batches of suitable size and guided by faculty members.	4-10

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4	Orientation Lectures:  Institutional officials and their roles in the hierarchy  Rules and regulations of the campus, code of conduct, and dress codes, if any.  An Introduction to various medical systems  Ayurveda's national and international reach, higher education in Ayurveda, job opportunities, entrepreneurship, etc.  An Overview of the BAMS curriculum and the subjects, including highlights of the Minimum Standards of Education-2021.  Orientation of Regulatory/Governing Bodies (Ministry of Ayush, NCISM, affiliated universities, State Commissioner ate/ Directorate, etc.) and introduction of their heads.  Gender sensitisation	12-20
5	Demonstration of Procedures:  > Office related, library related, internet related, leave related, campus behaviour, availing health care facilities etc.	2-3
6	Motivational Lectures:  > By eminent personalities.  > Five to ten talks may be organised.  > One to two international speakers are desirable.	5-6
7	Sanskrit Language orientation & Vadatu Samskritam (Spoken Sanskrit) *Syllabus: वदतुससं कृतम् (Attached)	15 – 20
8	Computer Skill & Apps Installation:  > Computer basics, MS Office (MS Word, Power Point, Excel, etc.), creation of e-mail ID, e-mail correspondence, Internet browsing, etc.  > Safety Apps installation: 122 India; Mysafetipin; Citizen COP; Himmat; Shake2safety; Raksha; Smart 24x7	10-12
9	Basic Life Support and First Aid: > Theoretical explanation and technique demonstration > Hands-on training for all students > Sufficient mannequins (one for each 10 students) or models are to be arranged for enough exposure and practice.	5-6

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10	Personality Development & Recreation:  Communication skills, critical thinking, soft skills, empathy and respecting conduct, confidence and personal growth, speaking in front of an audience, etc.  Team building activities  Stress management, including yoga and meditation, relaxation techniques,  Health awareness, Fitness, and Hygiene  Recreational activities and talent show (During the talent exhibition, talented students are to be identified and recorded. Such students are encouraged to participate in institutional activities and to participate in various competitions. If required, training may be provided)	15-20
11	Goal Setting:  > Any faculty member or expert in goal setting can instruct the student on "How to Set Goals."  > After orientation, students set their goals and the path to achieve them with the help of experts and mentors.  > The set goals shall be recorded and signed by the student and mentor. One copy with the student and one copy filed in the office.  > At the end of BAMS program, the set Goals are to be assessed in terms of achievement.	2-3

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### Syllabus: Vadatu Samskritam वदतुसंस्कृतम

St. no.	Contents	Teaching and learning methodology	Hours
1	गीतम् पठतुसस्कृतम् मधनामः भवतः नामकिम् भवत्या नामकिस्, परस्परपरिचय	Didactic with Video	1 hours
2	सः ,सा ,एषः ,एषा, एनन्,। अस्ति - नास्तिः सन्ति	Didactic with Video	1 hours
3	तत्र, अत्र, कत्र, सर्वत्र, अन्यत्र, एकत्र, With practical demonstration	Didactic with Video	1 hour
4	क्षया, स्वागतम्, धन्यवादा , सम्यताम्, अवश्यवम्,पर्याप्रम् मास्तु, सम्ला कथा	Didactic with video	1 hour
5	संख्याप्रयोग:-१-१००	Didactic with chart	I hours
6	writing and oral, समयपरिचय	Didactic with chart	1 hours
7	दिनस्यपरिचयः प्रपादाः । परताः ताः अदा-चः परचः प्रपाचः	Didactic and activity	1 hour
8	प्रश्वरणम्	Didactic and activity	1 hour
9	Discussion on previous topics, MAPI-above all contents will be practiced to the students with conversation method	Group activity and conversation	1 hour
10	प्रत-पृष्टतः, बामत-दक्षिणतः, उपरि-अपः, अन्तः व्यक्तिः सहायमबाभवप्रयोग	Didactic with video	1 hour
11	वर्तमानस्य अस्ति मन्ति भूतकाल भविष्यत्कालस्याणि	Didactic with video	I hour
12	यदि तर्हि, च एव इति अपि, त पर्यन्तम्, मह विना, विरुद्धार्थकशब्दा उन्तत वामन, पुरातन नृतन, बृहत् लघुदीर्घ हम्ब, स्वृत-कृशअधिक किचित	Didactic with video	I hour
13	षष्टीविभक्तिः, वैद्यः रोगी-सम्भाषणम	Didactic with chart	1 hour
14	Discussion on previous topics, sibility-above all contents will be practiced to the students with conversation method	Group activity and conversation	1 hour
15	शरीरस्य अवयवानापरिचयः.	Didactic	1 hour

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#### References:

- 1. ABHYASAPUSTAKAM, Samskrutabharati, Bangalore
- 2. PRATHAMADIKSHA VAKYAVISTARA, V K Shastri Rashtriya Samskruta Samsthanam, New Delhi
- 4. SAMBHASHANASHIBIRAM (Video Series), Dr. R. Vishwas, Samskrutabharati, Bangalore

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#### **Evidences Of Interdisciplinary Activities**



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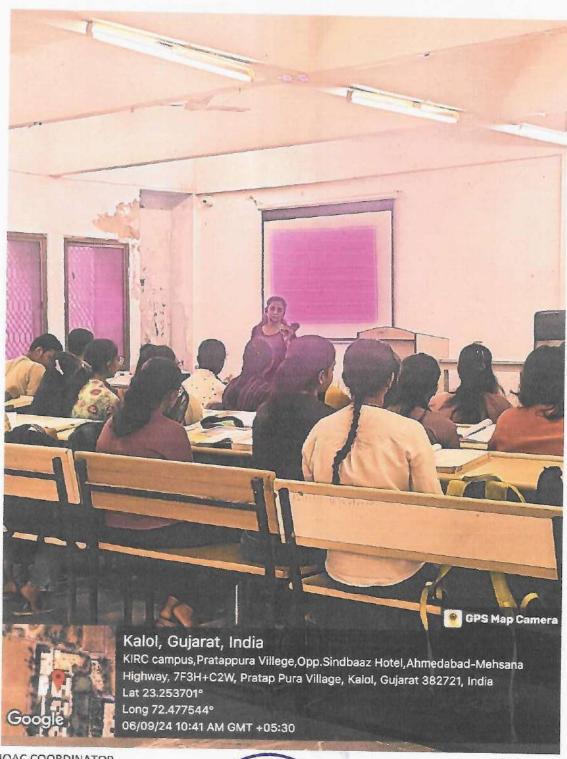
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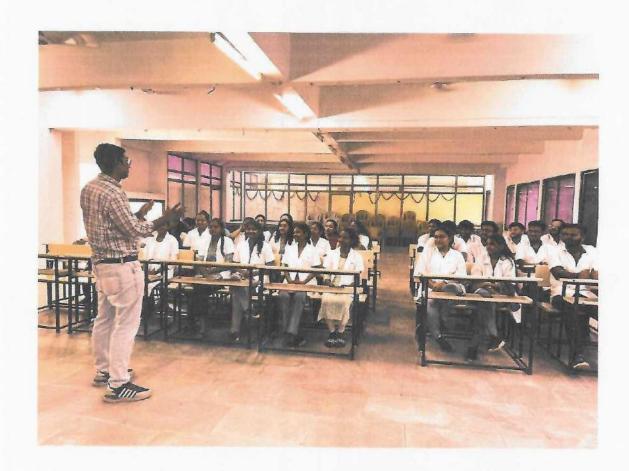
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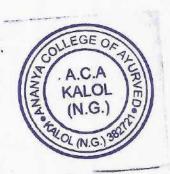
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