



Ananya College of Ayurved

Attached With Adarsh Ayurved Hospital

MANAGED BY : *Ummya Mata Kadva Patidar Education And Samaj Seva Trust*
KIRC CAMPUS, AHMEDABAD MEHSANA HIGH WAY, KALOL (N.G.)-382721.

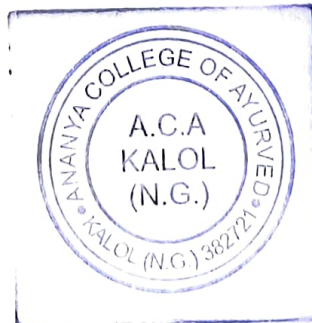
NAAC Criteria 1.3 Index

Curriculum Enrichment 1.3.2

Sr. No.	Particular
1.	Broucher of value-added courses
2.	Report of value added courses


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ANANYA COLLEGE OF AYURVED
KALOL




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Boucher Of Value Added Courses

Kalol Institute & Research Center

**ANANYA COLLEGE OF AYURVED,
KALOL, GUJRAT**



In Collaboration With



AADARSH AYURVED HOSPITAL, KALOL

ORGANIZES

CERTIFICATE COURSE IN PANCHKARMA

FROM NOVEMBER 2023 TO APRIL 2024



**AHMEDABAD - MEHSANA HIGHWAY,
OP. SINDABAD HOTEL,
KALOL- 382721, TA- KALOL,
DIST- GANDHINAGAR,
GUJARAT, INDIA.**



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KALOL INSTITUTE & RESEARCH CENTER

Ananya College of Ayurved

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Kalol Institute & Research Center

ANANYA COLLEGE OF AYURVED, KALOL, GUJRAT



In Collaboration With



KALOL INSTITUTE OF PHARMACY

ORGANIZES

CERTIFICATE COURSE IN AYURVEDIC PHARMACY

FROM OCTOBER 2022 TO MARCH 2023



**AHMEDABAD - MEHSANA HIGHWAY,
OP. SINDABAD HOTEL,
KALOL- 382721, TA- KALOL,
DIST- GANDHINAGAR,
GUJARAT, INDIA.**

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Kalol Institute & Research Center

**ANANYA COLLEGE OF AYURVED,
KALOL, GUJRAT**

In Collaboration With

ANANYA SCHOOL OF NURSING, KALOL

ORGANIZES

CERTIFICATE COURSE IN AYURVEDIC NURSING

FROM NOVEMBER 2021 TO APRIL 2022



**AHMEDABAD-MEHSANA HIGHWAY,
OP. SINDABAD HOTEL,
KALOL-382721, TA-KALOL,
DIST-GANDHINAGAR,
GUJARAT, INDIA.**



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Report Of Value Added Certificate Course In Panchakarma

The Value Added Certificate Course in Panchakarma aims to provide participants with in-depth knowledge and practical skills in the ancient Ayurvedic healing system. This report outlines the structure, content, and expected outcomes of the course running from November 2023 to April 2024.

Course Structure

- **Duration:** 6 months (November 2023 - April 2024)
- **Mode:** In-person practical sessions
- **Total Credits:** 30

Course Modules

1. **Introduction to Ayurveda**
 - History and philosophy of Ayurveda
 - Basic principles (Doshas, Dhatus, Malas)
2. **Panchakarma Fundamentals**
 - Overview of Panchakarma therapy
 - Importance and benefits of detoxification
3. **Preparation for Panchakarma**
 - Assessment of body constitution
 - Selection of therapies based on individual needs
4. **Panchakarma Therapies**
 - Detailed study of the five main treatments: Vamana, Virechana, Basti, Nasya, and Raktamokshana
 - Hands-on training in therapeutic techniques
5. **Diet and Lifestyle Recommendations**
 - Importance of diet in Ayurveda
 - Lifestyle modifications for optimal health
6. **Clinical Practice**
 - Supervised practice sessions
 - Case studies and patient management
7. **Research and Application**
 - Current trends in Ayurvedic research
 - Integrating Panchakarma in modern health care

Total Enrollment: 20 participants



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Expected Outcomes

- Comprehensive understanding of Panchakarma principles and practices
- Ability to conduct assessments and design personalized treatment plans
- Proficiency in performing Panchakarma therapies
- Enhanced skills for integrating Ayurvedic practices in clinical settings

Conclusion

The Value Added Certificate Course in Panchakarma from November 2023 to April 2024 offers a robust educational framework for individuals seeking to deepen their knowledge of Ayurvedic healing practices. By the end of the course, participants will be equipped with the skills and insights necessary to promote holistic health and well-being through Panchakarma therapies.



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Report Of Value Added Certificate Course In Ayurvedic Pharmacy

The Value Added Certificate Course in Ayurvedic Pharmacy was designed to provide participants with a comprehensive understanding of Ayurvedic pharmaceuticals, including the preparation, formulation, and quality control of Ayurvedic medicines. This report summarizes the course structure, content, participant engagement, and outcomes achieved from October 2022 to March 2023.

Course Structure

- **Duration:** 6 months (October 2022 - March 2023)
- **Mode:** Hybrid (Online lectures and in-person practical sessions)
- **Total Credits:** 30

Course Modules

1. **Introduction to Ayurveda**
 - Overview of Ayurvedic principles and philosophy
 - Historical context and development of Ayurvedic pharmacy
2. **Basic Concepts of Ayurvedic Pharmacy**
 - Understanding herbal medicines, mineral preparations, and their properties
 - Role of pharmacognosy in Ayurveda
3. **Formulation Techniques**
 - Methods of preparing different Ayurvedic formulations (e.g., powders, tinctures, tablets)
 - Importance of dosage and administration
4. **Quality Control and Standardization**
 - Techniques for ensuring the quality and efficacy of Ayurvedic products
 - Regulatory standards and compliance
5. **Ethics and Safety in Ayurvedic Pharmacy**
 - Ethical considerations in pharmacy practice
 - Understanding potential side effects and contraindications
6. **Clinical Applications**
 - Case studies and applications of Ayurvedic formulations in clinical settings
 - Patient management and personalized medicine
7. **Research and Innovation in Ayurvedic Pharmacy**
 - Current trends and future directions in Ayurvedic research
 - Integrating modern scientific methods with traditional practices

Total Enrollment: 16 participants

- **Feedback:** Participants reported high satisfaction with the course content and practical training.



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Expected Outcomes

- In-depth knowledge of Ayurvedic pharmacy practices and principles
- Skills in formulating and preparing Ayurvedic medicines
- Understanding of quality control measures and regulatory standards
- Enhanced ability to apply Ayurvedic formulations in clinical practice

Conclusion

The Value Added Certificate Course in Ayurvedic Pharmacy successfully provided participants with the knowledge and skills necessary to navigate the field of Ayurvedic pharmaceuticals. By integrating traditional practices with modern standards, participants are well-equipped to contribute to the growing field of Ayurvedic medicine.

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Report Of Value Added Certificate Course In Ayurvedic Nursing

The Value Added Certificate Course in Ayurvedic Nursing was initiated to equip healthcare professionals with specialized knowledge and skills in Ayurvedic nursing practices. This report outlines the course structure, key content areas, participant feedback, and outcomes achieved during the course from November 2021 to April 2022.

Course Structure

- **Duration:** 6 months (November 2021 - April 2022)
- **Mode:** Hybrid (Online lectures and in-person practical sessions)
- **Total Credits:** 30

Course Modules

1. **Introduction to Ayurveda and Nursing**
 - Overview of Ayurvedic principles and their relevance to nursing
 - Historical development of Ayurvedic nursing
2. **Fundamentals of Ayurvedic Nursing Care**
 - Understanding patient assessment in an Ayurvedic context
 - Techniques for holistic care and patient management
3. **Ayurvedic Therapies and Treatments**
 - Overview of common Ayurvedic treatments and therapies
 - Practical training in administering treatments like Panchakarma and Shirodhara
4. **Nutrition and Lifestyle in Ayurveda**
 - Dietary principles according to Ayurvedic philosophy
 - Lifestyle modifications for health promotion and disease prevention
5. **Patient Communication and Ethics**
 - Effective communication techniques in Ayurvedic nursing
 - Ethical considerations in patient care and confidentiality
6. **Clinical Practicum**
 - Hands-on training in Ayurvedic nursing practices
 - Supervised clinical experience in Ayurvedic health settings
7. **Research and Evidence-Based Practice**
 - Introduction to current research in Ayurvedic nursing
 - Integrating evidence-based practices into Ayurvedic care

Participant Engagement

- **Total Enrollment:** 15 participants



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- **Feedback Summary:** Participants expressed satisfaction with the curriculum, particularly valuing



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the



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practical training and the holistic approach to patient care.

Expected Outcomes

- Comprehensive understanding of Ayurvedic nursing principles and practices
- Skills in assessing patients and developing individualized care plans
- Proficiency in administering Ayurvedic therapies and treatments
- Enhanced ability to communicate effectively with patients and healthcare teams

Conclusion

The Value Added Certificate Course in Ayurvedic Nursing successfully equipped participants with the essential skills and knowledge needed to integrate Ayurvedic principles into nursing practice. The course not only enhanced their professional capabilities but also promoted a holistic approach to patient care.

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