

YEAR OF ESTABLISHMENT 2017

Our Distinctiveness We Care, We Nurture, Fostering Excellence Together.



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MANAGED BY: Umiya Mata Kadisa Patidar Education And Samaj Seva Trust KIRC CAMPUS, AHMEDABAD MEHSANA HIGH WAY, KALOL (N.G.)-382721.

NAAC Criteria 5.1 Index

Student Support 5.1.2

Sr. No.	Particular	
1.	Any other - Reports of events of capacity enhancement	
2.	Geo - tagged photographs	

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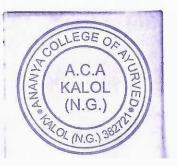
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Name of the capability enhancement scheme	Year of implementation	Remarks
Yoga and wellness Spoken Sanskrit	2019-2020	Successfully completed
Yoga and wellness	2020-21	Successfully online completed
Yoga and wellness Spoken Sanskrit	2021-22	Successfully completed
Yoga and wellness Spoken Sanskrit Human value development Soft skills development	2022-23	Successfully completed
Yoga and wellness Spoken Sanskrit Employability skills development Analytical skill development	2023-24	Successfully completed

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Ananya Ayurved College

Date: 18/06/2024

Subject: Invitation to Yoga and Wellness Program

Dear Students, Faculty, and Staff,

We are pleased to announce that Ananya Ayurved College will be hosting a Yoga and Wellness Program aimed at promoting holistic health and well-being within our community. This initiative aligns with our commitment to fostering a balanced and healthy lifestyle, integrating both traditional Ayurvedic practices and modern wellness techniques.

Event Details:

Program Dates: 21/06/2024

• **Time:**9:00 to 12:00

• Venue: College Campus

Special Notes:

Please wear comfortable clothing suitable for yoga practice.

Bring a yoga mat if you have one; otherwise, mats will be provided.

 All participants are encouraged to consult their healthcare provider before starting any new exercise or wellness program.

We look forward to your enthusiastic participation in this program, which we believe will greatly enhance your overall well-being. Let us embrace this opportunity to nurture our body, mind, and spirit through the transformative practices of yoga and wellness.

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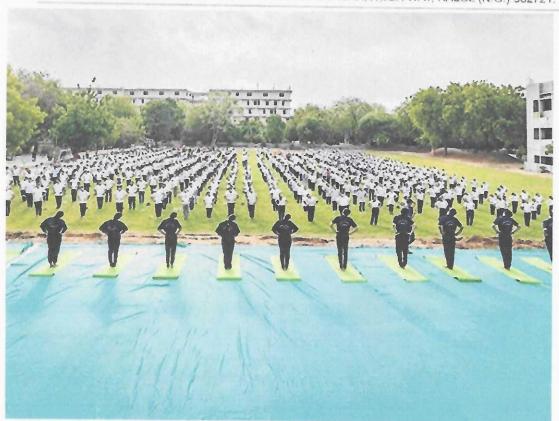


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Ananya Ayurved College

Date: 21/06/2021

Subject: Announcement of Online Yoga and Wellness Program

Dear Students, Faculty, and Staff,

In light of the ongoing COVID-19 pandemic and our commitment to the health and safety of our community, Ananya Ayurved College is excited to announce an **Online Yoga and Wellness Program**. This initiative is designed to support your physical and mental wellbeing from the comfort of your own home.

Program Details:

Program Duration: 21/06/2021

• Time: 9:00 to 10:00

• Platform: [Zoom/Google Meet/Other]

Important Notes:

• Ensure you have a stable internet connection for a seamless experience.

• Wear comfortable clothing suitable for yoga practice.

· Have a yoga mat ready, if possible.

We encourage all students, faculty, and staff to take part in this initiative to cultivate a healthy lifestyle during these challenging times. Your well-being is our priority, and we believe that this program will be beneficial for all.

Thank you for your understanding and cooperation. Let us come together virtually to promote wellness and resilience.

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Report on the Completion of the Yoga and Wellness Program

Date: 21/06/2021

We are pleased to report the successful completion of the **Yoga and Wellness Program** held from 15/06/2021 to 20/06/2021. This program was designed to promote holistic health and well-being among our students, faculty, and staff.

The Yoga and Wellness Program was a resounding success, contributing positively to the health and well-being of our community. We extend our heartfelt gratitude to all participants, instructors, and staff who made this initiative possible.

Thank you for your support and participation.

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Ananya Ayurved College

Date: 01/02/2022

Subject: One-Day Spoken Sanskrit Program for New Admission Batch

Dear Students,

We are excited to announce a **One-Day Spoken Sanskrit Program** specifically designed for our new admission batch. This program aims to introduce you to the rich linguistic heritage of Sanskrit, enhance your communication skills, and deepen your understanding of Ayurvedic texts.

Program Details:

Date: 03/02/2022Time: 9 to 12

Venue: Seminar Hall

Important Notes:

- All participants are encouraged to come prepared with enthusiasm and a willingness to learn
- Bring a notebook and pen for notes.

We believe that this program will greatly enhance your educational journey at Ananya Ayurved College.

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Report on Organized Spoken Sanskrit Program

Ananya College of Ayurveda

Date: 04/02/2022

Subject: Report on Spoken Sanskrit Program for Students

Ananya College of Ayurveda, dedicated to the holistic development of its students, has successfully conducted a Spoken Sanskrit Program aimed at enhancing the proficiency of students in this classical language. This initiative aligns with the college's mission to preserve and promote traditional knowledge and practices integral to Ayurveda.

The Spoken Sanskrit Program at Ananya College of Ayurveda has proven to be a valuable addition to the educational offerings, successfully meeting its objectives and positively impacting students. Continued investment in and expansion of this program is recommended to further enhance students' linguistic and cultural competencies.

Special thanks are due to the faculty members, students, and administrative staff who contributed to the success of this program. Their dedication and enthusiasm were crucial to its accomplishment.

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> Ananya Ayurved College Date: 19/06/2023

Subject: One-Day Spoken Sanskrit Program for New Admission Batch

Dear Students,

We are excited to announce a **One-Day Spoken Sanskrit Program** specifically designed for our new admission batch. This program aims to introduce you to the rich linguistic heritage of Sanskrit, enhance your communication skills, and deepen your understanding of Ayurvedic texts.

Program Details:

Date: 20/06/2023Time: 9 to 12

Venue: Seminar hall

Important Notes:

• All participants are encouraged to come prepared with enthusiasm and a willingness to learn.

• Bring a notebook and pen for notes.

We believe that this program will greatly enhance your educational journey at Ananya Ayurved College.

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Report on Organized Spoken Sanskrit Program

Ananya College of Ayurveda

Date: 22/06/2023

Subject: Report on Spoken Sanskrit Program for Students

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Human Value Development Programme in the Medical Field

Subject: Proposal for Human Value Development Programme in the Medical Field

Introduction

In the medical field, human values such as empathy, compassion, integrity, and ethical behaviour are fundamental to providing quality care and building trust with patients. At Ananya College of Ayurveda, we recognize the need to emphasize these values in our medical curriculum and professional practice. Therefore, we propose a Human Value Development Programme specifically designed for the medical field to enhance the professional and personal growth of our students and practitioners.

Objectives

The Human Value Development Programme aims to:

- **Promote Compassionate Care:** Instil empathy and compassion in medical practice to enhance patient care and satisfaction.
- Foster Ethical Practice: Encourage adherence to ethical standards and principles in medical decision-making and patient interactions.
- Enhance Professional Integrity: Develop a strong sense of integrity and professionalism among medical practitioners.
- Encourage Social Responsibility: Foster a sense of responsibility towards patients, the community, and the medical profession.

OUTCOMES

The Human Value Development Programme in the medical field at Ananya College of Ayurveda is designed to reinforce the core values essential for ethical and compassionate medical practice. By investing in this programme, we aim to enhance the professional and personal development of our students and practitioners, contributing to a higher standard of patient care and medical ethics. We look forward to your support in implementing this important initiative.

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Evidence Human Value Development Programme



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Report on Employability Skill Development Program

Ananya College of Ayurveda

Date: 15/07/2023

Subject: Report on Employability Skill Development Program

1. Introduction

In line with its commitment to equipping students with the skills necessary for professional success, Ananya College of Ayurveda recently organized an Employability Skill Development Program. This initiative was designed to enhance the practical skills and professional competencies of students, preparing them for a competitive job market.

2. Objectives

The key objectives of the Employability Skill Development Program were:

- To provide students with essential career skills and knowledge.
- To improve students' job readiness and employability.
- To facilitate practical understanding of professional work environments.
- To enhance students' confidence in job search and interview processes.

3. Program Details

- **a.** Duration and Schedule: The program spanned 4 day, with sessions conducted once in a week. Each session was 3 hour long.
- **b. Participants:** The program was attended by students from Years, representing a diverse range of academic backgrounds and career interests.



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c. Curriculum: The curriculum included the following modules:

- Resume Writing and Cover Letters: Techniques for crafting effective resumes and cover letters tailored to specific job applications.
- Interview Skills: Strategies for successful interviews, including mock interviews and feedback sessions.
- Professional Communication: Enhancing verbal and written communication skills, including email etiquette and professional correspondence.
- Job Search Strategies: Effective job search techniques, networking, and leveraging online platforms.
- Workplace Etiquette: Understanding workplace culture, teamwork, and professional behavior.
- Time Management and Organization: Skills for managing tasks efficiently and maintaining productivity.
- **d. Faculty and Experts:** The program featured sessions led by [Insert Names], including career counselors, HR professionals, and industry experts who provided valuable insights and practical advice.

4. Methodology

The program employed a mix of teaching methodologies:

- Interactive Workshops: Hands-on sessions for resume writing, interviewing, and communication skills.
- Guest Lectures: Talks by industry professionals sharing real-world experiences and tips.
- Role-Playing Exercises: Simulated job interviews and workplace scenarios to practice skills.
- Feedback and Assessments: Personalized feedback on resumes, cover letters, and interview performances.



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5. Outcomes

- a. Student Feedback: Participants reported significant improvements in their confidence and skills related to job applications and interviews. Many expressed appreciation for the practical nature of the program and the opportunity to engage with industry experts.
- **b. Skill Enhancement:** Students demonstrated improved proficiency in creating effective resumes, handling interviews, and understanding workplace dynamics. Post-program assessments indicated a marked increase in employability skills.
- **c.** Career Advancement: A number of students successfully secured internships and job placements as a direct result of the skills acquired through the program. Enhanced networking and job search strategies also contributed to their career advancement.

6. Challenges and Recommendations

a. Challenges:

- Limited time for in-depth coverage of some topics due to the program's duration.
- Variability in students' initial skill levels affected the overall pace and effectiveness.

b. Recommendations:

- Extending the program duration or offering follow-up workshops for deeper skill development.
- Providing pre-assessment to tailor the program content to students' varying levels of expertise.
- Introducing more personalized career counseling and mentorship opportunities.

7. Conclusion

The Employability Skill Development Program at Ananya College of Ayurveda has successfully met its objectives, equipping students with essential skills for the job market. The positive feedback and tangible improvements in students' employability reflect the program's effectiveness. Continued efforts to refine and expand this initiative will further enhance its impact on student career readiness.





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Title: Developing Analytical Skills in Students: Panchkarma Procedures and Shalya Minor Operations

This document outlines strategies and methodologies for developing analytical skills in students with a focus on Panchkarma procedures and Shalya minor operations. The objective is to equip students with the ability to critically evaluate and apply Ayurvedic practices in a clinical setting.

Understanding Panchkarma Procedures

Overview of Panchkarma

Panchkarma is a set of five therapeutic procedures designed for detoxification and rejuvenation. Understanding these procedures is crucial for students to analyze their effectiveness and applicability.

Understanding Shalya Minor Operations

Shalya minor operations are less invasive surgical procedures used to treat localized conditions. Understanding these operations helps students analyze their application and effectiveness.

Practical Workshops

- Hands-On Training: Conduct workshops where students perform or observe Panchkarma and Shalya minor operations.
- Simulation Exercises: Use simulation tools to practice and analyze different procedures in a controlled environment.

Assessment Tools

- Analytical Reports: Require students to submit reports analyzing specific procedures or case studies.
- Presentations: Have students present their findings and analyses to foster communication skills and in-depth understanding.

Conclusion: Developing analytical skills in Panchkarma procedures and Shalya minor operations is essential for students at Ananya College of Ayurveda. By employing practical training, research, and interactive discussions, students will be better equipped to critically evaluate and apply Ayurvedic practices.

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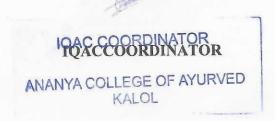
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Evidence Panchkarma Procedures









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Evidence Shalya Minor Operations







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